Pharmacists Can Play a Key Role in Suicide Prevention

Reach out to your patients if you observe one or more warning signs.

HERE'S WHAT TO LOOK FOR:

- Reckless behavior
- Has prescriptions from another pharmacy
- Looking for a way to kill themselves
- Talking about wanting to die or suicide
- No sense of purpose
- Anxiety or agitation
- Moodiness, tearfulness, or depressed
- Changes in sleep
- Filling prescriptions for high-risk medications
- Lack of care for themselves
- Reckless behavior
- Attempting to fill medications early
- Sudden changes in medications
- Lack of care for themselves

By recognizing the signs, finding the words to start a conversation and reaching out to local resources, you have the power to make a difference. The power to save a life.

Learn more at: suicideispreventable.org

In a crisis call the National Suicide Prevention Lifeline (24/7) 1.800.273.8255

Pain Isn’t Always Obvious

Suicide Is Preventable

Funded by counties through the voter-approved Mental Health Services Act (Prop. 63)