Suicide Prevention Resources

Safe Call Now: (206) 459-3020
24/7 hotline for first responders
www.safecallnowusa.org

Cop Line: (800) 267-5463
24-hr hotline staffed by retired law enforcement officers
www.CopLine.org

National Suicide Prevention Lifeline:
(800) 273-8255
- Veterans: Press 1
- En Español: 1-800-628-9454
- For Deaf and Hard of Hearing: 1-800-799-4889
- Chat https://suicidepreventionlifeline.org/chat/

Crisis Text Line:
- Text “Blue” (for law enforcement officers) to 741-741 to connect 24/7
- Anyone can text “HELP” to 741-741 to be connected to crisis services

Each Mind Matters Resource Center
www.EMMResourceCenter.org
For suicide prevention resources in many different languages.

#SuicidePrevention
Finding Purpose: Caring for Ourselves and Others

suicideispreventable.org

Funded by counties through the Mental Health Services Act (Prop 63)