EachMind MATTERS
California’s Mental Health Movement

Lime green is the color of mental health awareness. Wear the lime green ribbon to show your support and start conversations about mental health wherever you go.

Half of us will experience a mental health challenge in our lifetime. All of us have a reason to speak up.
EachMindMatters.org

If you need immediate assistance, call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255).

Funded by measures through the voter-approved Mental Health Services Act (Prop. 63).