Resources for promoting suicide prevention throughout the year

From All-County Webinar, “Beyond September: Promoting suicide prevention throughout the year”

Tuesday, March 19th, 2013

If additional assistance is required, please contact the Know the Signs Campaign team.

About this Resource Sheet: This webinar discussed ways to address suicide prevention using other established national health observances. This resource sheet lists health observances that are relevant to suicide prevention for 2013. Health observance weeks change every year – check the associated health observance website for updates on dates and available resources. The webinar promotes working with other agencies and organizations that might be addressing these health observances already.

January (none)

February
• Teen Dating Violence Awareness Month (all month)
  o www.teendvmonth.org

March
• Brain Injury Awareness Month (all month)
• National Problem Gambling Awareness Week (March 3 – 9th)
  o http://www.npgaw.org/
• National Youth Violence Prevention Week (March 17 – 23rd)
• Poison Prevention Week (March 17 – 23rd)

April
• National Alcohol Awareness Month (all month)
• National Minority Health Month (all month)
  o http://minorityhealth.hhs.gov/actnow/
• National Alcohol Screening Day (April 11th)
  o http://www.mentalhealthscreening.org/programs/colleges/nasd.aspx
• National Stress OUT Day (April 14 – 20th)

May
• National Mental Health Month (all month)
  o http://www.mentalhealthamerica.net/go/may
• Older American Month (all month)
  o http://acl.gov/NewsRoom/Observances/2013/Older_Americans.aspx
• Children’s Mental Health Awareness Week (May 5 – 11th)
  o http://ffcmh.org/awarenessweek/2012-national-childrens-mental-health-week
• National Women’s Health Week (May 12 – 18th)
  o http://www.womenshealth.gov/nwhw/
• Older Americans Mental Health Week (May 23 – 29th)
  o http://www.mentalhealthweek.org/Welcome.html

June
• National Men’s Health Month (all month)
  o http://www.menshealthmonth.org/
• National ASK day (June 21st)
  o http://www.cpyv.org/programs/ask/parents/ask-day/

July (none)
August (none)

September
• National Recovery Month (all month)
  o http://www.recoverymonth.gov/
• National Suicide Prevention Week (September 8 – 14th)
  o http://www.suicidology.org/about-aas/nspw

October
• National Depression and Mental Health Screening Month (all month)
  o http://www.mentalhealthscreening.org/events/national-depression-screening-day.aspx
• National Domestic Violence Awareness Month (all month)
  o http://www.ncadv.org/takeaction/DomesticViolenceAwarenessMonth.php
• Talk about Prescriptions Month (all month)
  o http://www.talkaboutrx.org/rxmonth2012.jsp

November
• National Rural Health Day (November 21\textsuperscript{st})
  o http://celebratepowerofrural.org
• National and International Survivors of Suicide Day (November 23\textsuperscript{rd})
  o http://www.afsp.org/index.cfm?page_id=fee7d778-cf08-cb44-da1285b6bcf366e

December (none)

Do you have another health observance that you would like to add to this list?
Contact Theresa Ly (tly@edc.org). Thank you for your input!