

Pain Isn't Always Obvious



Suicide Is Preventable

(Free) Resources on Responding to Suicide

From Small County Webinar, “Responding after a suicide in small counties”

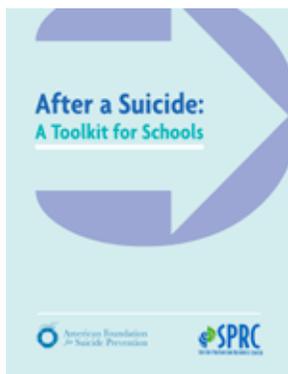
Wednesday, February 13th, 2013



A **basic framework** for crisis response (taken from Practical Information on Crisis Planning: A guide for schools and communities). 2007

<http://www2.ed.gov/admins/lead/safety/emergencyplan/crisisplanning.pdf>

- Resource for **schools**: http://www.sprc.org/library_resources/items/after-suicide-toolkit-schools



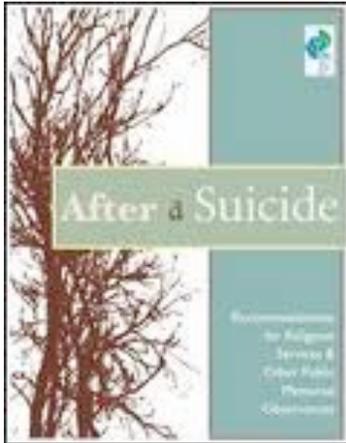
- Title: “After a Suicide: A Toolkit for Schools”. 2011
- Purpose: A toolkit designed to assist schools in the aftermath of a suicide (or other death) in the school community. It provides practical resources for schools facing real-time crisis to help determine what to do, when and how. It is based on consensus recommendations by a diverse group of national experts.
- Created by: American Foundation for Suicide Prevention & Suicide Prevention Resource Center



Know the Signs >> Find the Words >> Reach Out

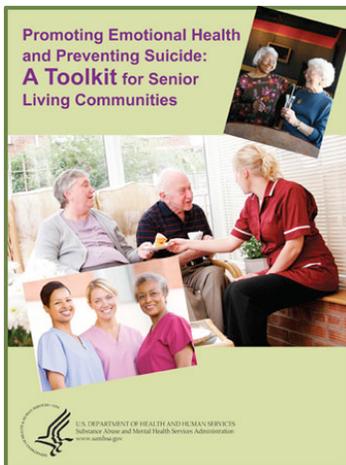
suicideispreventable.org

- Resource for **holding memorials and religious services**:
http://www.sprc.org/library_resources/items/after-suicide-recommendations-religious-services-and-other-public-memorial-o



- Title: “After a suicide: Recommendations for religious services and other public memorial observances” 2004
- Purpose: These recommendations were created for members of the clergy and other faith leaders as they care for those who have survived the loss of a loved one to suicide and to help them plan a memorial observance. It provides background information, ways to care for survivors and recommendations for holding a memorial
- Created by: Suicide Prevention Resource Center

- Resource for **organizations that work with older adults**:
<http://store.samhsa.gov/product/Promoting-Emotional-Health-and-Preventing-Suicide/SMA10-4515>



- Title: “Promoting emotional health and preventing suicide: A toolkit for senior living communities”. 2010
- Purpose: This toolkit provides senior living community staff with resources to promote mental health and prevent suicide and encourage active participation among residents. It includes guidelines for integrating suicide prevention into ongoing programs, and how to respond after a suicide death. This toolkit can also provide guidance for reaching older adults in the general population.
- Created by: Substance Abuse and Mental Health Services Administration (SAMHSA)

- Resource for *funeral directors*

<http://www.sprc.org/sites/sprc.org/files/library/funeraldirectors.pdf>



- Title: “Supporting Survivors of Suicide Loss: A Guide for Funeral Directors”. 2008
- Purpose: This guide provides funeral directors with a great understanding of the issue of suicide as it relates to their professions. It includes information about why suicide is different from other types of death, how to be sensitive to the needs of survivors of suicide loss, and how to deal with compassion fatigue
- Created by: Suicide Prevention Resource Center and Suicide Prevention Action Network USA

- Resource for **first responders in Indian Country.**

http://www.ihs.gov/suicidepreventionsummit/documents/ChallengesFirstResponders_Naranjo.pdf



- Title: “Challenges of First Responders to Suicide in Indian Country”. 2011
- Purpose: These PowerPoint slides outline the challenges officers face when responding to suicide in Indian Country, including determine what resources and procedures are available to provide sufficient intervention, immediate care and post care of suicidal individuals
- Created by: Bureau of Indian Affairs – Office of Justice Services

- Resources for **general crisis preparedness**: <http://crisisresponse.promoteprevent.org/>



- Name: Crisis Preparedness, Response and Recovery Resource Center
- Purpose: This website provides information to community members and organizations who want to create comprehensive crisis response and emergency management plans, and how to take care of yourself
- Created by: SAMHSA

If additional assistance is required, please contact the Know the Signs Campaign team.