

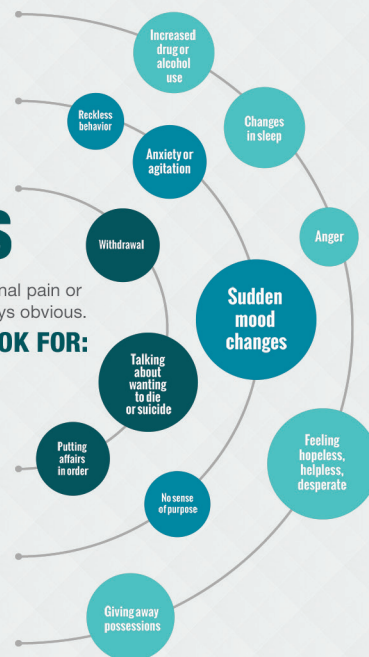
If you are concerned for
yourself or someone else,
call the National Suicide
Prevention Lifeline:
1.800.273.8255

suicideispreventable.org

PAIN ISN'T ALWAYS OBVIOUS

The warning signs of emotional pain or suicidal thoughts aren't always obvious.

HERE'S WHAT TO LOOK FOR:



Pain Isn't Always Obvious

**KNOW
THE SIGNS**

Suicide Is Preventable



By recognizing the signs, finding the words to start a conversation and reaching out to local resources, you have the power to make a difference. The power to save a life.

Learn more at:

suicideispreventable.org