



Pain Isn't Always Obvious

**KNOW
THE SIGNS**

Suicide Is Preventable.org



Resource List from October 2nd 2013 Small County Webinar, Suicide Prevention and First Responders

Preventing Suicide: A resource for police, firefighters and other first line responders. World Health Organization. 2009

http://whqlibdoc.who.int/publications/2009/9789241598439_eng.pdf

The role of EMS providers in preventing suicide. SPRC, 2013.

<http://www.sprc.org/sites/sprc.org/files/ems.pdf>

Emergency responders management of patients who may have attempted suicide. Internet Journal of Rescue and Disaster Medicine, 2006. <http://archive.ispub.com/journal/the-internet-journal-of-rescue-and-disaster-medicine/volume-5-number-2/emergency-responders-management-of-patients-who-may-have-attempted-suicide.html#sthash.hK9kBZit.6o78chgJ.dpbs>

Postvention/Survivor Support:

What emergency responders need to know about suicide loss: A suicide postvention handbook. Montgomery County EMS. 2009.

<http://www.co.delaware.pa.us/intercommunity/PDFs/SuicideBooklet.pdf>

A guide for early responders supporting survivors bereaved by suicide. Winnipeg Suicide Prevention Network. 2012. <http://www.suicideprevention.ca/wp-content/uploads/2012/07/Early-Responders.pdf>

NAMI-New Hampshire Witness Survivor Outreach Program.

<http://www.theconnectprogram.org/sites/default/files/site-content/docs/witnesssurvivor-final.pdf> and <http://www.theconnectprogram.org/people-who-have-witnessed-suicide-death>

Question, Persuade, Refer (QPR) Training for EMS/Firefighters. <http://courses.qprinstitute.com>

Supporting first responders

A Manager's Guide to Suicide Prevention in the Workplace: 10 action steps for dealing with the aftermath of a suicide. By the Workplace Prevention Task Forces of the American Association of Suicidology and the National Action Alliance for Suicide Prevention.

<http://corp.crisiscare.com/system/images/2013-04/Managers-Guidebook-To-Suicide-Postvention-Web.pdf>

Firefighters coping with the aftermath of a suicide video. Carson J Spencer Foundation, 2013.

<https://www.youtube.com/watch?v=Ryy7EyAiyeQ>

How can emergency responders manage their own response to a traumatic event? American Academy of Experts in Traumatic Stress, 2001.

<http://www.sprc.org/sites/sprc.org/files/library/EmergencyRespondersOwnResponse.pdf>